

# Alcohol Mixed with Other Drugs

## Alcohol + Stimulants

Examples: Adderall, Ritalin, Vyvanse, Concerta

FOCUS: Alcohol + Adderall

Effects:

- Increased heart rate and blood pressure
- Increased anxiety
- Increased risk of seizures
- Increased risk of stroke
- Increased risk of heart failure
- Increased risk of arrhythmias
- Increased risk of hypertension
- Increased risk of myocardial infarction
- Increased risk of sudden cardiac death

Stat: 4.3 percent of UC Davis undergraduates reported using a prescription stimulant in the last 12 months that was not prescribed to them.

## Alcohol + Sedative

Examples: Xanax, Valium, Klonopin

FOCUS: Alcohol + Opiates/Opioids

Effects:

- Increased sedation
- Increased respiratory depression
- Increased risk of coma
- Increased risk of death
- Increased risk of overdose
- Increased risk of hypoxia
- Increased risk of aspiration
- Increased risk of pneumonia
- Increased risk of liver damage
- Increased risk of kidney damage
- Increased risk of pancreatitis
- Increased risk of gallstones
- Increased risk of fatty liver disease
- Increased risk of cirrhosis
- Increased risk of liver cancer
- Increased risk of heart disease
- Increased risk of stroke
- Increased risk of hypertension
- Increased risk of myocardial infarction
- Increased risk of sudden cardiac death

Symptoms:

Stat: 4.5 percent of UC Davis students reported using prescription painkillers that were not prescribed to them in the last 12 months.

# Alcohol +

